

# SKETCHBOOK ADVENTURES

## How to Create How to Create a Surrealistic Collage

This is one of my favorite exercises to loosen up my creative flow. It's the time you give your inner critics a cup of tea and send them off to bed because you're about to let go of all the rules about what you're supposed to do. Sometimes surrealistic collages end up being really awesome and well-balanced and sometimes they don't. Either way this exercise aims to loosen up your inner artist and help you think outside the box. Have fun!

### What to get:

- Magazine(s)
- Glue stick
- Sketchbook
- Scissors

### What to do:

1. For this exercise don't go into your collage material container. Instead grab one or two magazines and start pulling out images. Don't worry about why you're choosing the images or how they're going to go together. Just rip out anything you want. Take 10 deep breaths and try to clear your mind. The goal is to get in touch with your subconscious artistic thoughts and let go.
2. Once you have a large selection of images, lay them all out on your table and start trimming around the edges of them. As you trim, think about the shape and color of the images.
3. Now comes the fun part. Start playing with the layout of your images and don't let logic or your inner critic come into your head and tell you what you're supposed to do. This is your chance to ignore everything I said about the elements of design and be totally free and go with your instinct. If you feel like putting a banana on a person's head... DO IT!
4. Once you're satisfied with your layout, start gluing things together as well as down on your paper. During the process you may change your mind about something. Don't worry! You can change your mind a million times and the weirder it is the more in touch you've gotten with your primal artistic instincts.

